

# For Parents & Carer's of children aged 0-8years

#### What is the program?

The course offers a positive and interactive learning experience with activities designed to be informative and stimulating.

- The program aims to raise awareness that parents have the lead role in promoting their child's development.
- Provides understanding of age and stage of development
- Considering a child's needs and how to meet them
- Promotes understanding of importance of play experience for children's learning
- Provide strategies to improve parent/ child interaction.
- Helps strengthen parent/child relationships to promote positive behaviour
- Raise awareness of the getting it right for every child and Curriculum for Excellence language used in health, education and social work services.

#### Who is it for?

The programme is suitable for parents/carer's of children from 0 to age 8 who have/are experiencing some challenges with parenting and would like to learn how to support positive development for their child

#### Set up of the group:

The group runs for 9 weeks and each session is 2 hours

The sessions are delivered by Family Support Hub staff and provide an interactive approach to understanding children's development which are fun and informative with opportunities for parents/carer's to practice new skills at home with their child.

REFERRALS FROM PARTNER AGENCIES REQUIRE A REQUEST FOR ASSISTANCE TO SOCIAL WORK LOCAL OFFICE (DETAILS BELOW)

# **Hamilton Family Support Hub**

2 Donaldson St, Hamilton ML3 0NS Ph: 01698 458832

Please send RFA to:

swlohamilton@southlanarkshire.gov.uk

# **Cambuslang Family Support Hub:**

5 Johnson Dr, Cambuslang G72 8JR Ph: 0141 646 1008

Please send RFA to:

swlorutherglen2@southlanarkshire.gov.uk

## **Lanark Family Support Hub**

40 North Vennel, Lanark ML11 7PT Ph: 01555 673209

Please send RFA to:

swloclydesdale@southlanarkshire.gov.uk

### **East Kilbride Family Support Hub**

Scholar's Gate, East Kilbride, G75 9JL Ph: 01355 228093

Please send RFA TO:

swloeastkilbride@southlanarkshire.gov.uk